

In-service training available through Netflix

Instructions: Request the video from Netflix, print out and complete the worksheet for that particular movie, and return the completed worksheet to your licensor. You will be given training credit for the video.

Aging Out

Excellent documentary profiling three youth who have aged out of the foster care system. Outlines some of the successes, as well as heart-breaking tragedy in the transition to independent living.

Credit: Two hours Training Level: Beginner and Advanced

Beyond F.A.T. City: A Look Back, A Look Ahead

This film offers practical strategies and inspiration for parents and teachers working with learning disabled children. Dr. Richard Lavoie, an expert in the field of learning disabilities, revisits the impact of his earlier F.A.T. City workshop, and discusses future trends in this field.

Credit: Two hours Training Level: Beginning and Advanced

Child Development

This video provides a basic but comprehensive guide to boosting infant and toddler development. Includes information on nutrition, mobility, language development, etc.

Credit: One hour Training Level: Beginner

Child Safety

An informative one hour DVD Guide providing useful information and practical tips for parents, children and their caregivers about keeping children safe. Child Safety shares with families the latest research on keeping safe, the real-life stories of three families whose children survived life-threatening injuries, and the experience of experts who work with children of all ages, from infants to teens.

Credit: One hour Training Level: Beginner

Frontline: (The) Medicated Child

Explores the controversy and realities over the use of medication for young children with childhood mental health issues, particularly for children diagnosed with bipolar disorder. Also available as Instant Watch on Netflix.

Credit: One hour Training Level: Advanced

Frontline: The Meth Epidemic

Frontline and The Oregonian team up to investigate the big business behind methamphetamine, the destructive wake the drug has left on individuals, families and communities across America. It also addresses the epidemic's roots in the Northwest, lawmakers' response and the struggles to regulate the drug's ingredients. Although the film does not focus on caring for children of addicts, it will provide information on the general nature of the problem, which can help foster parents understand the impact.

Credit: One hour Training Level: Beginner

Girlhood

This award-winning documentary profiles two female juvenile offenders over a period of three years as they manage life in and out of Baltimore's juvenile justice system. A story of mothers and daughters, crimes and consequences, and strength in the face of unimaginable adversity, this film is a testament to the faith and struggles of two girls just trying to grow up. Note: This film contains profanity.

Credit: Two hours Training Level: Beginning and Advanced

(The) Happiest Toddler on the Block

A pediatrician relates his practical techniques to calm tantrums for toddlers, who don't respond to adult "logic". The easy to understand film depicts portion of parenting workshops, videos of toddlers, as well as a question and answer session with Dr. Karp. This film may be pretty basic for foster parents very experienced with toddlers. Also contains a Spanish subtitle track that can be selected.

Credit: One hour Training Level: Beginning

I Have Roots and Branches: Personal Reflections on Adoption

An introductory video for families considering adoption. Hear from adoptees and their parents about growing up adopted. Does not contain a great deal of content, but does provide personal perspectives from those who have had positive experiences.

Credit: One hour Training Level: Beginner

It's So Much Work to Be Your Friend: Helping the Learning Disabled Child Find Social Success

Special education expert Richard Lavoie offers strategies to help children with learning disabilities succeed in the social sphere. Learn how to teach your child confidence as they acquire skills to become involved in group activities and make and nurture relationships at school and at home.

Credit: Two hours Training Level: Beginning and Advanced

Misunderstood Minds: Searching for Success at School

Narrative account of five families trying to understand the reasons a child was having great difficulty learning at school. Families discuss the struggle in proper diagnosis, and examine the difficult decisions they made about whether to use medication to assist in the learning process.

Credit: Two hours Training Level: Beginner

Secret of the Wild Child

This 1994 documentary details the case of a severely neglected child who grew up in isolation, which dramatically affected language and other normal development. Although this was an extreme case, this child may have something to teach us about how abuse or neglect may affect development of some children in care. The video also examines the ethics and controversy surrounding her rehabilitation.

Credit: One hour Training Level: Beginner

World's Most Dangerous Drug

This video examines the methamphetamine epidemic, including its introduction into the community, the reasons it has taken such a hold, and why addicts have such a difficult time breaking free from the drug. Excellent production values of this National Geographic special.

Credit: One hour Training Level: Beginning and Advanced

In-service Training Worksheets
Beyond F.A.T. City: A Look Ahead
Viewer Worksheet (Use back if needed)

1. The video asserts that we should never do to a child, something we would not do to an adult. Do you agree? Why or why not?

2. How can you incorporate his idea of what “fairness” is into your home?

3. What is learned helplessness? Describe a situation you have observed of a child demonstrating learned helplessness.

4. What is the difference between lack of attention span and distractability?

5. Dr. Levine discusses the idea that when kids have “good days” they are punished for it. Have you ever found yourself doing this, and how might you handle this differently?

Would you recommend this film to other foster parents?

Not at all					Very much so
1	2	3	4	5	

I have viewed the video and am requesting two hours of training credit toward required foster parent in-service training.

Name

Date

In-service Training Worksheets

Child Development

Viewer Worksheet (Use back if needed)

1. How many calories per pound should a baby eat?
2. How do babies who are 3-6 months old explore their environment?
3. When is a baby ready to eat solids?
4. What is separation anxiety and when does it usually diminish?
5. What is meant by naming toddlers “little scientists”?

Would you recommend this film to other foster parents?

Not at all

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Very much so

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In-service Training Worksheets

Child Safety

Viewer Worksheet (Use back if needed)

1. What is the number one killer of children under age 14?
2. What is the leading cause of death in bicycle accidents?
3. Describe two ways you may teach a child to escape a fire in your home?
4. What safety rules or checklists can or have you implemented for your household?
5. If you have a computer in your home, how do you intend to make it safe for children to access the internet?

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In-service Training Worksheets
Frontline: Growing Up Online
Viewer Worksheet (Use back if needed)

1. How have the media and the Internet have changed the educational system?

2. After viewing the video, describe three things that you can do to minimize the risks some youth may experience online.

3. The film made the statement “Think of kids less as victims than as participants”. What does this mean and what do you think about it?

4. What did you learn about the youth’s experience being cyber-bullied?

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In-service Training Worksheets

Frontline: The Medicated Child

Viewer Worksheet (Use back if needed)

1. Why does the film assert it is important to test psychiatric medications on children?
2. The film discusses the complexities and difficulty in diagnosing children. How can you ensure a foster child is receiving an accurate diagnosis?
3. How can you be sure that the therapies recommended for children are the right ones?
4. What else did you learn from the video that can apply to your role as foster parent?

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In-service Training Worksheets
Frontline: The Meth Epidemic
Viewer Worksheet (Use back if needed)

1. What risks does the child abuse expert indicate children experience when their parents are meth addicts?

2. What role does methamphetamine have on dopamine production?

3. What does the Oregonian reporter link to the rise and fall of the meth epidemic in Oregon?

4. Why does the treatment center staff interviewed in the film feel it is important to treat addicted mothers with their children?

5. What is smurfing?

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In-service Training Worksheets

Girlhood

Viewer Worksheet (Use back if needed)

1. When the mother of one of the youth does not arrive for a visitation, she says “I swear no one loves me”. If this occurred in your home, how would you respond?
2. What changes do you see in Shanae’s understanding of the impact of her crime?
3. What three things did you learn that you can apply to your role as a foster parent?
4. The two youth appear to have very different outcomes. What is your opinion as to what factors affected these girls?

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In-service Training Worksheets
It's So Much Work to Be Your Friend

Viewer Worksheet (Use back if needed)

Please watch the movie, as well as the bonus features on Bullying & and Boys and Girls and Friendships

1. What is meant by “Today, children don’t have laboratories”?
2. Give an example of an experience you have had with a child who doesn’t understand the “social contract”.
3. What are islands of competence, and how could you apply this view in your home?
4. How could you structure a playdate differently so that your child is more successful?
5. What did you find helpful in the bullying bonus feature?
6. What did you learn about boys and girls and friendships?

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In-service Training Worksheets

Secret of the Wild Child

Viewer Worksheet (Use back if needed)

1. Why do you think the concept of Genie's ability to form attachments was so important to her treatment team?
2. What is the critical period hypothesis?
3. What do you think the concept of the "single dependable adult" in Genie's life has to teach us about children in foster care?
4. What else did you learn about children who have been neglected?

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